

# CLE 10 PARTY Program Assignment

Jon Trefry and Rob Morris

EMS

1. *What is the difference between an accident and an incident?*
2. *What are some examples (3-5) of risk you face on a regular basis?*
3. *Which risks are risks you have to face due to tasks and responsibilities you must perform or meet?*
4. *Which risks are risks you **choose** to engage in?*
5. *What is a risk you cannot imagine taking?*
6. *What are some (3-5) of the general things you can do to limit or reduce risks?*
7. *Can there be legitimate uses for drugs that are abused as street drugs? Give an example.*
8. *What is the Golden Hour when it comes to emergency services? What activities may take up the Golden Hour?*
9. *What is triage? What is the purpose of triage? What does it mean to be "tagged black" at an accident site?*
10. *Significant blood loss leads to what medical condition?*
11. *Can EMS give you blood products?*
12. *What number do you call for free, basic medical advice here in the Yukon?*
13. *List at least 5 items of protective gear for 5 different risk-possible activities?*
14. *What is the approximate percentage of water in the human body?*

*Kathleen Froese  
ER Nurse*

15. *Why should you be patient if you have to wait for care in the ER?*
16. *What is one reason that it might be helpful to ER staff for you to have a form of ID on you?*
17. *What difficulty do we have when it comes to blood products in Yukon?*
18. *The word “neuro” relates to what human body part?*
19. *What are two circumstances that can cause confusion in a patient?*

*Dr. Bob Zimmerman,  
ER Doctor*

20. *What are some of the realities of adolescent brains that put you at greater risk than older or younger people?*
21. *What are the top five causes of death of adolescents in Canada?*
22. *Is damage from a concussion visible on a CT (Computed Tomography) scan?*
23. *What are at least 5 of the symptoms of a concussion?*
24. *What is post-concussive encephalopathy?*
25. *How many main sections is the spine divided into?*
26. *What are the two main parts of the “spine”?*
27. *What are the terms that describe paralysis at the level of the cervical and lumbar areas of the spine?*
28. *What is neuroplasticity?*

29. *What do you do to cope with stress? What puts you “in the zone”?*
30. *How did belonging to communities of extreme sports athletes and northerners impact Darryl as a teen and young adult, before and after his fall?*
31. *What as an example of Darryl transferring skills from one sport to another?*
32. *What are some of the specific injuries Darryl sustained in his fall?*
33. *Why does Darryl refer to the day of his fall as his “ReBirthday”? How is this related to the concept of storytelling we learned about in the Pillars of a Meaningful Life?*
34. *What are the ways in which Darryl has adapted the activities he loves so that he can continue to participate in things that bring him a sense of joy and hope?*
35. *Why do you think that Darryl chose a song for his video that included lyrics like:  
“We were never meant to crawl” and “I’ll keep the that life I’ve got” – Synthetica by Metric?*
36. *Did Darryl’s experience with his snowmobile fall mean that he never made any other mistakes around risk taking?*
37. *What does Darryl mean when he says “calculated risk” and how does he link it to what is learned in the PARTY program?*
38. *How did having a goal help Darryl with his healing?*
39. *What is autonomic dysreflexia?*
40. *How did Darryl’s experiences post-injury impact the choices he’s currently making about choices and setting goals around his career?*

*Sean Cook*

*Whitehorse Firefighter*

41. *How do firefighters help each other and create a sense of community?*
42. *Does an incident and/or the death of a person only impact their own life and immediate family? Give reasons and examples that support your answer.*
43. *Give an example of how a seemingly small choice can have a significant and/or long term incident.*
44. *What are some of the benefits of volunteering with local firefighting teams?*
45. *What skills might you learn/acquire as a volunteer firefighter that you could apply in your life even if you never worked as a professional firefighter?*

*Sgt Jim Giczi & Cpl Vanessa Philpott*

*RCMP Forensics*

46. *What are some of the crimes or incidents that the Forensics unit deal with?*
47. *What is the Golden Triangle of death investigation?*
48. *How is the Coroner's job different than that of the Forensic unit?*
49. *What is the purpose of Coroner's Inquests / Inquiries?*
50. *What is one of the greatest risks to people who are under the influence of a drug (including alcohol)?*
51. *What are ways youth can take care of each other to help reduce risks?*
52. *What are some ways that the Forensics unit uses technology?*
53. *What happens every two years for the Forensics unit here in the Yukon that makes them unique in Canada?*
54. *What are presumption of innocence, reasonable doubt, chain of evidence, burden of proof?*
55. *What is a more frequent cause of accidents than impaired driving here in the Yukon?*
56. *Choose one traffic law and explain a reason that it is in place?*

57. What makes an idea of “acceptable risk” acceptable to people? What does that really mean?

**Final Reflections:**

58. What is the purpose of the Contract for Life? Do you have someone with whom you could sign this agreement?

59. List 6 “roles” of people who would be impacted if you lost your life? (i.e. parent, friends, coworkers). You do not need to include specific names.

60. What is one thing you learned that will stick with you?

61. What is one choice you can make in the next two weeks that may help reduce your personal risk of injury or limit the consequences of injury?

62. Which of the professions represented did you find most appealing (even if it is something you would never choose to do)?

- a. What education is needed to work in that field?
- b. What experience would be beneficial to work in that field?
- c. What kind of volunteer work might be helpful in working towards employment in that field?
- d. What subjects in school/training (secondary or post-secondary) would be beneficial to someone wanting to pursue this career?
- e. What might be difficult or unpleasant elements of this career?
- f. What might be ways people in this field contribute meaningfully to their communities?
- g. What is one question you would still have for someone in this profession and/or the specific individual who presented?