

# Psychology 12

## What is a “perspective” or school of thought in psychology?

A school of thought in psychology is a way of describing or a perspective from which to view or analyze a phenomenon such as a mental illness or behaviour.

Every topic or issue in psychology can be looked at from a number of different perspectives.

Issue:	Perspective A	Perspective B	Perspective C
Aggression	Biological – How do the brain and nervous system, especially the amygdala and the endocrine system, influence aggression?	Behavioural – What environmental factors influence or reinforce aggressive behaviours?	Cross Cultural – How do social and cultural influences contribute to violent behaviours?

## Your Task:

1. Research each of the 8 psychological schools of thought / perspectives listed below.
  - i. The Biological Perspective (Neuroscience)
  - ii. The Behavioural Perspective
  - iii. The Cognitive Perspective
  - iv. The Social-Cultural Perspective
  - v. The Evolutionary Perspective
  - vi. The Humanistic Perspective
  - vii. The Psychodynamic Perspective
  - viii. The Behavioural Genetics Perspective
2. Complete the following:
  - a. Research EACH perspective / school of thought finding three reliable and valid internet resources.
    - i. Track your research sources.  
**NOTE: APPsychology.com is a useful beginning point.**
  - b. Define EACH perspective.
  - c. Write an authentic situation and explain which school of thought or perspective would be most applicable and WHY in that circumstance, including any treatments that might be employed by psychologists / clinicians who adhere to that school of thought.

You do not need to write an essay for each item. One or two paragraphs will suffice. Go for quality of content over quantity.

# The Assessment

## CRITERIA

## LEVELS OF EFFICACY

Used research techniques to find accurate sources (3) of information.	<b>Extremely effectively</b> More than four Found excellent sources of wide variety types/areas Used primarily academic, primary and/or secondary sources.	<b>Very Effectively</b> Three to four sources Found reputable sources from a variety of types/ area	<b>Effectively</b> Two to three sources. Trustworthy but not academic sources of moderate variety	<b>With limited efficacy</b> One or two sources. Sources of questionable repute and limited scope.
Accurately described the 8 psychological schools of thought.	<b>Extremely effectively</b> In their own words and in accurate, well-chosen quotes, described in detail the key points of each school of thought.	<b>Very Effectively</b> Used well-chosen quotes and their own words to accurately describe each school of thought.	<b>Effectively</b> Used well-chosen quotes to accurately describe elements of schools of thought.	<b>With limited efficacy</b> Inaccurate or missing information, poorly chosen evidence or lack of evidence.
Was able to accurately select a psychological issue addressed by the school of thought	<b>Extremely effectively</b> Carefully matched situations to the most prevalent school of thought and/or offered unique, thoughtful insights on how a school of thought might apply to a situation.	<b>Very Effectively</b> Matched situations to appropriate schools of thought and offered detailed considerations of how it might apply in each situation.	<b>Effectively</b> Found ways to connect situations/issues to schools of thought (perspectives) and explained their thinking.	<b>With limited efficacy</b> Connections between school of thought and psychological issue strained or limited, little thoughtful consideration of application.
Used time effectively.	<b>Extremely effectively</b> Was on task and focused during the whole work period, asked questions and accepted help as needed / offered.	<b>Very Effectively</b> Was on task and focused during the vast majority of the period, asked for help and accepted it as needed offered.	<b>Effectively</b> Was on task most of the work period, asked for help sometimes, accepted help sometimes.	<b>With limited efficacy</b> Was off task, distracted or distracting much of the work period, neither checked for understanding, asked for help nor accepted help.
Tracked research accurately.	<b>Extremely effectively</b> Created a formal APA formatted works cited. Included footnotes. Used quotes and parentheses in text.	<b>Very Effectively</b> Used APA formatting to track sources. Used quotes in text.	<b>Effectively</b> Tracked sources using only URLs. Limited or inaccurate use of quotes.	<b>With limited efficacy</b> Only gave titles or partial source information, quotes or other in-text features not used.